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# BEST THINGS TO DO IN McLAREN VALE

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*Spring 2016*

A local guide on the best places to  
eat, drink, stay, relax and explore in McLaren Vale  
and the Fleurieu Peninsula



## TO PERK UP // *Kicco Coffee*

Be sure to kick start your day at *Kicco Coffee*, McLaren Vale. Paola our Colombian hostess oozes passion for her coffee and like all boutique roasters understands that coffee is an experience and a ritual not just a drink.

*Kicco Coffee* is so good because each part of the process gets their care and attention. From plantation, right through to the cup. For them it's not about formulas, figures or focus groups – it's about the experience. The experience of great coffee.

At *Kicco*, the process begins with the selection of superior beans from premium estates, but the

real magic happens in the roast. Their beans are carefully handpicked and roasted locally in small batches. This special treatment is what makes *Kicco Coffee* consistent, fresh and full of flavour.

Over the years *Kicco* have perfected the art of coffee with a selection of much-loved signature blends and specialty coffee.

Allow Paola and her staff to share the espresso love affair with you.

- > 130 Main Road, McLaren Vale
- > Open 7 days, 6am – 5pm
- > [kicco.com.au](http://kicco.com.au)



## TO READ // *What Matters Most* by Dianne Maguire

There is good love and bad love. Good sex and bad sex. And paediatrician Mia Sandhurst is discovering the difference. Scraping to keep her marriage together after her husband of 25 years breaks her heart, Mia finally faces reality. Embarking on a series of outlandish new behaviours she makes startling fresh discoveries about herself, love and life. But the lies and betrayal Mia endured at the hands of her husband are nothing compared to those being faced by her 15 year old patient, Rachel Hooper.

Set on the magical coast of the Fleurieu Peninsula, *What Matters Most* is a story of love, family, misplaced loyalty and how our choices shape who we are.

- > [diannemaguireauthor.com.au](http://diannemaguireauthor.com.au)



## TO EAT // *Loco Mexican*

From the crew that brought you Nino's and Harbar you will now be going 'Loco' for the new fiesta down Ocean Street Victor Harbour.

With all the authentic Mexican delights, you will be lipsmacking and nom nom-ing your way through the street food, little things and burrito menu. Do not forget the cocktails and Dulces (sweet things) which seals the whole dining experience. Book now Amigos!

- > Check out the [menu](#)
- > [facebook.com/locovictorharbor](https://facebook.com/locovictorharbor)
- > [locomexican.com](http://locomexican.com)



## TO ATTEND // *Love Local Fleurieu events*

Carve time out of the busyness of your business and life to get face to face with real women from your community and be open to growth and opportunity.

*Love Local Fleurieu* events are structured to ensure there are lots of opportunities to connect with new people, build new relationships, collaborate and grow your business.

These regular catch-ups are truly about sharing yourself, your ideas and getting support from a beautiful community of like-minded women.

Hosted by Claire Byrt of *Project Work Life*.

Upcoming dates:

- + Friday 2nd September 2016
- + Friday 2nd December 2016

- > [projectworklife.com](http://projectworklife.com)
- > [facebook.com/projectworklife](https://facebook.com/projectworklife)
- > [instagram.com/project\\_work\\_life](https://instagram.com/project_work_life)



## TO STAY // *Mulberry Lodge Luxury Retreat*

*Mulberry Lodge* is a hosted country retreat, offering a luxurious and indulgent escape to the beauty of the Fleurieu Peninsula in South Australia. Nestled among the vines of the McLaren Vale wine region, on the edge of the historic township of Willunga, *Mulberry Lodge* is your perfect destination to relax and rejuvenate.

*Mulberry Lodge* provides guests with dedicated hospitality, complete tranquillity, stunning rural vistas, and yet easy access to over 60 cellar doors, award winning restaurants and some of South Australia's finest beaches.

Set in two acres of beautiful, mature gardens with views across the vineyards, *Mulberry Lodge* hosts only one couple or group travelling together at any time to ensure a personal, private and truly memorable experience.

Hazel and Nik Parker look forward to welcoming you to *Mulberry Lodge Country Retreat*.

- > 202 Main Road, Willunga SA 5172
- > T: 0424 825 965 | E: [hazel@mulberrylodgewillunga.com](mailto:hazel@mulberrylodgewillunga.com)
- > [mulberrylodgewillunga.com](http://mulberrylodgewillunga.com)



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ASK A LOCAL //

Favourite hiding spot?

*Coast to Vines Rail Trail* – cycling the old railway line from Seaford to the Vale.

Favourite place to eat?

*Russell's Pizza* – for rustic wood-fire pizza and a unique atmosphere.



## OTHER LINKS //

- > [mclarenvale.info](http://mclarenvale.info)
- > [daytrippa.com.au/mclaren-vale](http://daytrippa.com.au/mclaren-vale)
- > [instagram.com/thefruitfulpursuit](https://instagram.com/thefruitfulpursuit)

Stay tuned, the Oliver's Taranga team will share more of our favourite places in Summer!

- > 246 Seaview Road, McLaren Vale SA 5171
- > [oliverstaranga.com](http://oliverstaranga.com)

