

expectation of the best things to do in McLaren Vale & the Fleurieu Peninsula

LIVE YOUR BEST SUMMER

A local guide on the best places to eat, drink, stay, relax and explore in McLaren Vale and the Fleurieu Peninsula.

- Muni
- The Shell Collector
- Ingalalla Waterfalls
- Grounded Cafe & Collective
- SloWhey School of Cheese

— TARANGA TERRIOR Vineyard Tour Photo by Nicky Connolly





To Eat Muni



Taiwanese born chefs Mug Chen and Chia Wu find themselves in the Fleurieu – where they've teamed up with Violette Fling to open their dream venue serving pan-Asian share plates and local lo-fi wines.

Muni comes from the Japanese term 'yuiitsu muni', meaning 'one and only'. You get the sense that Chen and Wu's adoration for the McLaren Vale region will be poured into every part of their venue.

Asian inspired share plates with a subtle Taiwanese influence shaped around local produce. I heard there will be a small cocktail list featuring four recipes. We all need a coffee Negroni or a pickle back sour right?

- 2/3 High St, Willunga SA 5172
- For bookings: www.munirestaurant.com
- 💿 <u>@muni.au</u>

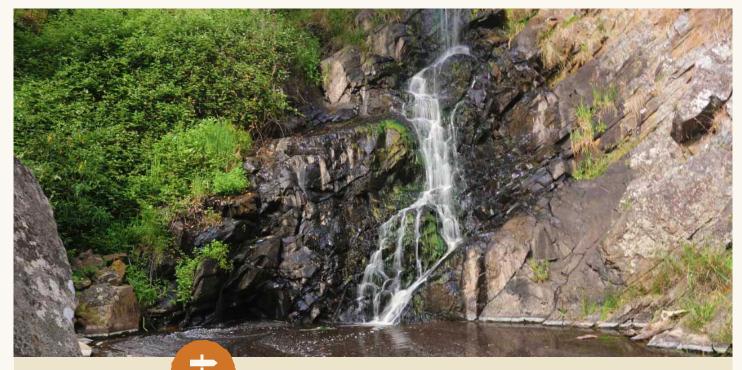
To Stay The Shell Collector

This brand new boutique beach cottage accommodation is the ultimate. This 1920's cottage has picturesque views of South Port beach and has been created with the intention to let you relax and switch off from the daily grind with luxury lines, a generous couch, light filled rooms and fireplace.

South Port boasts some of the best sunsets ...so why not sit on the porch with a glass of wine.

- Book your getaway now:
 airbnb.com/h/theshellcollector
- South Port Beach, SA 5171
- @ @theshellcollectorau
- **f** <u>@,theshellcollectorau</u>





To Explore
Ingalalla
Waterfalls

Add the stunning Ingalalla Waterfalls to your must visit bucket list, you won't be disappointed. The falls are located in the Second Valley Forest 10 kilometres south of Normanville on the Hay Flat Road. The rockpools and waterfall, which attract a variety of birdlife are within 500 metres of the car park.

Access to the upper falls is not recommended as it is steep and slippery.

Open all year round, Ingalalla is the perfect place for a picnic with tables dotted along the path to the falls.

— Click here for more info.



To Perk Up Grounded Café

& Collective

Long time local, businesswoman and entrepreneur Karly is known around the area for her fantastic café's and fresh wholesome food. Karly has recently opened a new venture 'Grounded' in Lonsdale. She is serving up delicious coffee, fresh healthy meals and treats whilst supporting local businesses with the addition of homewares, clothing, photography and much more.

The shop has expanded its offerings with kid's healthy cooking workshops, yoga, meditation and adult specialty cooking.

Grab your keep cup and get on down for a nice hot brew. It is guaranteed you will come home with a few meals in your basket too.

- 8/61 O'Sullivan Beach Rd, Lonsdale, SA, 5160
- 🛛 <u>@grounded.lonsdale</u>

To Experience

SloWhey School of Cheese



SloWhey School of Cheese is a project founded on goals of education in and celebration of sustainable cheesemaking and a slower way of living.

A life of seasonal abundance, capturing a snapshot of time and place. In 2013 Caleigh completed a qualification in Artisan Cheese Making and brings a diverse range of knowledge to her classes. She has worked in various roles within the industry from judging at dairy competitions to travelling overseas to hone her skills as a Cheese Maker. Caleigh lives with her partner Luke and two children on a small property just outside of Willunga. When not dreaming of cheese, Caleigh helps run their small family winery and grows plenty of food for fermenting and preserving. She draws inspiration from the surrounding landscape comprising historic vineyards, almond and olive groves. Caleigh and her family embrace a life of abundance and community.

- Whites Valley SA, 5172
- <u>Click here to book a class.</u>
- **f** @slowheyschoolofcheese
- © <u>@theslowhey</u>





A multi-sensorial, interactive vineyard tour delving into the history, geology and terroir of Oliver's Taranga Vineyards.

\$90 pp — <u>Click here to book</u>

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It's showtime!

Our new cellar door is now complete.

It has been many years in the making but we're over the moon with the result. Pop in and enjoy the fruits of our labour - see you soon!

246 SEAVIEW ROAD, McLAREN VALE



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